

SUMMARY OF THE FULL REPORT – PLEASE CONTACT US FOR A FULL VERSION

Dartmouth Caring

Trustees' Annual Report

Year ended 31 March 2025

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Dartmouth Caring
Trustees' Annual Report
Year ended 31 March 2025

Reference and Administrative

Charity Registration Number: 1187326

Principal Office: Dartmouth Health and
Wellbeing Centre
Wessex Way
Dartmouth
Devon
TQ6 0JL

President	Vacant
Chair Trustee	Dee Nutt
Treasurer Trustee	Peter Adolphus
Vice Chair Trustee	Caroline Martin
Ex officio Trustee - Manager	Nick Hindmarsh
Trustee	Dr Frances Davidson
Trustee	Gillian Tucker
Trustee	Michael Penn

**Independent
examiner:** S R Smith FCA
Westcotts (SW) LLP
Chartered Accountants
Petitor House
Nicholson Road
Torquay
Devon
TQ2 7TD

Bankers: Lloyds Bank
31 Fore Street
Totnes
Devon
TQ9 5HH

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Year ended 31 March 2025

Structure, Governance and Management

Dartmouth Caring is as a Charitable Incorporated Charity registered in England and Wales, number 1187326, and commenced on 1 April 2022.

It is governed by its Constitution adopted on 7 January 2020 and registered on the 13 January 2020.
The charity is the successor to Dartmouth Caring (unincorporated, with registration number 900226).

Trustees

The charity trustees serving during the year are as follows:

- Dee Nutt
- Peter Adolphus
- Charles Sutherland (resigned 01/07/2024)
- Nick Hindmarsh
- Caroline Martin
- Dr Frances Davidson
- Delia Kempley (resigned 01/07/2024)
- Michael Penn (appointed 16/10/2024)
- Gillian Tucker (appointed 16/10/2024)

Ex officio Trustee

(a) The Manager, Nick Hindmarsh, for the time being (“the office holder”) shall automatically (“ex-officio”) be a charity trustee, for as long as he or she holds that office.

(b) If unwilling to act as a charity trustee, the office holder may:

- before accepting appointment as a charity trustee, give notice in writing to the trustees of his or her unwillingness to act in that capacity; or
- after accepting appointment as a charity trustee, resign under the provisions contained in clause [12] (Retirement and removal of charity trustees).

The office of ex officio charity trustee will then remain vacant until the office holder ceases to hold office.

Charity trustees

Functions and duties of charity trustees

The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity trustee:

- a) to exercise his or her powers and to perform his or her functions in his or her capacity as a trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO; and

Dartmouth Caring
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Year ended 31 March 2025

Charity trustees (*continued*)

Functions and duties of charity trustees (*continued*)

- b) to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard in particular to:
- any special knowledge or experience that he or she has or holds himself or herself out as having; and,
 - if he or she acts as a charity trustee of the CIO in the course of a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

Eligibility for trusteeship

- a) Every charity trustee must be a natural person.
- b) No individual may be appointed as a charity trustee of the CIO:
- a. if he or she is under the age of 16 years; or
 - b. if he or she would automatically cease to hold office under the provisions of clause [12(1)(e)].
- c) No one is entitled to act as a charity trustee whether on appointment or on any re-appointment until he or she has expressly acknowledged, in whatever way the charity trustees decide, his or her acceptance of the office of charity trustee.
- d) At least one of the trustees of the CIO must be 18 years of age or over. If there is no trustee aged at least 18 years, the remaining trustees may only act to call a meeting of the charity trustees, or appoint a new charity trustee.

Number of charity trustees

- a) There must be at least four charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee.
- b) The maximum number of charity trustees is ten. The charity trustees may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum.

Membership of the CIO

- a) The members of the CIO shall be its charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else.
- b) Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

Dartmouth Caring
Trustees' Annual Report (*continued*)
Year ended 31 March 2025

Objectives and Activities for the Public Benefit

- The objects of the CIO are to undertake voluntary work in education, health & welfare, social services and similar support activities amongst those in need.
- Dartmouth Caring will serve the geographical area around Dartmouth, Stoke Fleming, Strete, Blackawton, Dittisham; served by Torbay Hospital, Derriford Hospital, Royal Devon & Exeter Hospital and the Dartmouth Medical Practice and any successors thereto.
- We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.
- All of the trustees are asked to read the Charity Governance Code.

Recruitment and Induction of new Trustees

The Trust Board is always mindful of the need to review its skills set and the capacity of the Board to discharge its role.

- When a need to recruit new trustees arises an external advertisement is placed in the local press and on social media. If a wider search is needed, then other channels will be explored.
- Potential trustees need to apply for the role. Those short listed are interviewed by the Chair and one other trustee, with the Manager.
- On appointment the Manager spends time with new trustees ensuring they are aware of their roles and responsibilities and current issues facing the charity; this includes discussing safeguarding and completion of DBS checks. An induction pack is used to assist this process.



**Dee Nutt (MBE) -
Chair of Trustees**

"This year has been a really exciting period for
the charity..."

Welcome from our Chair

It has been another dynamic and rewarding year for the Charity, marked by significant change and growth, as you'll discover in the following pages.

When I speak with people across our community, they are often surprised, and deeply impressed, by the wide range of support services we offer. This is especially true now, with the addition of many new clubs and activities that allow more members of our community to access support tailored to their needs.

This community is at the heart of everything we do. We're fully aware that we couldn't continue our work without your support. That support comes in many forms; from our dedicated volunteers, generous donors, and the local groups who collaborate with us to provide the services now available from our home base. These strong connections are what enable this wonderful town and its surrounding villages to care for their most vulnerable residents.

I want to extend my heartfelt thanks to everyone who has supported Dartmouth Caring over the years. I'd also like to take this opportunity to recognise and thank our hardworking staff, who remain as committed and busy as ever.

We truly rely on your support—without it, we simply couldn't continue our vital work

A handwritten signature in black ink, appearing to read "D. Nutt".



Nick Hindmarsh
(BEM) - Manager

"Our focus is to support those in need, including the elderly, younger adults and teenagers - helping everyone to live their lives as they choose, connecting those who feel isolated, and improving the emotional and physical health and wellbeing of our clients."

Manager's Welcome Message

I hope this report helps you understand the range of our work and its impact, and how we go about supporting our community, directly and by working with partners.

If you are reading a client, a volunteer, benefactor or grant awarding body, I hope this is a useful summary of the achievements and progress in 2024-2025.

Trustees and I are proud of what the charity achieves each year, achievements that would not take place without our wonderful volunteers and great staff team - and you, our supporters!

We are now into our second year of the National Lottery Community Fund project and it has really started to make an impact on the range and breadth of services we can provide and enable others to offer; really starting to allow the potential of the Health and Wellbeing Centre, our home, to come to fruition. A significant part of this project was to grow our partnership working and team of volunteers and I am delighted to report that in both areas significant progress has been made.

Later in this report you will see a summary of the activities and services now provided by Dartmouth Caring.

Revenue fundraising remains challenging, as it is for many in the charitable sector. We have been helped in the past year by the receipt of a significant legacy, reported in last year's annual report. This brings us back to an equivalent reserves position as we were in 2019. We continue to seek to diversify our fundraising efforts.

I want to thank all those who have supported us over the past year and in many cases for many years, this means so much to our clients, our trustees and our staff.

I look forward to working with you all in the coming years.

A handwritten signature in dark ink, appearing to read 'N Hindmarsh', with a long horizontal line extending from the end of the signature.

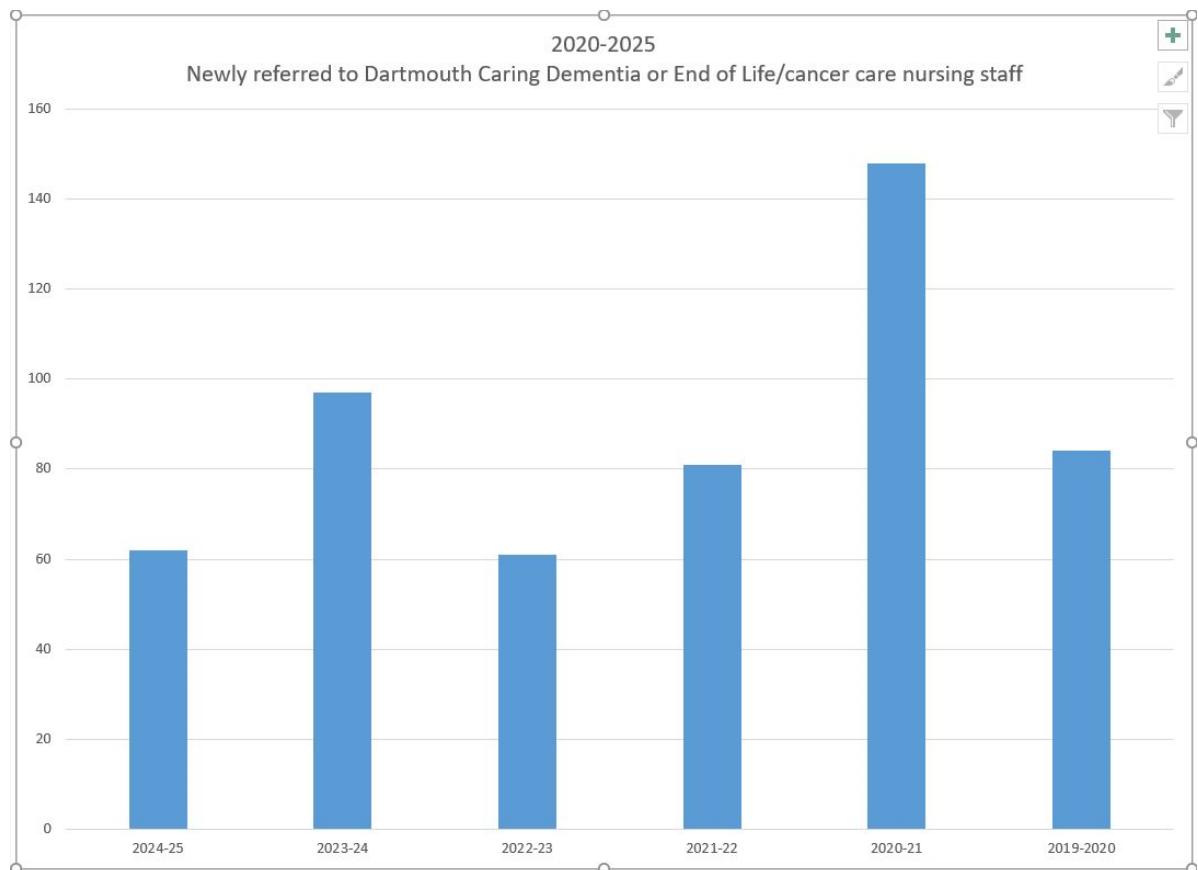
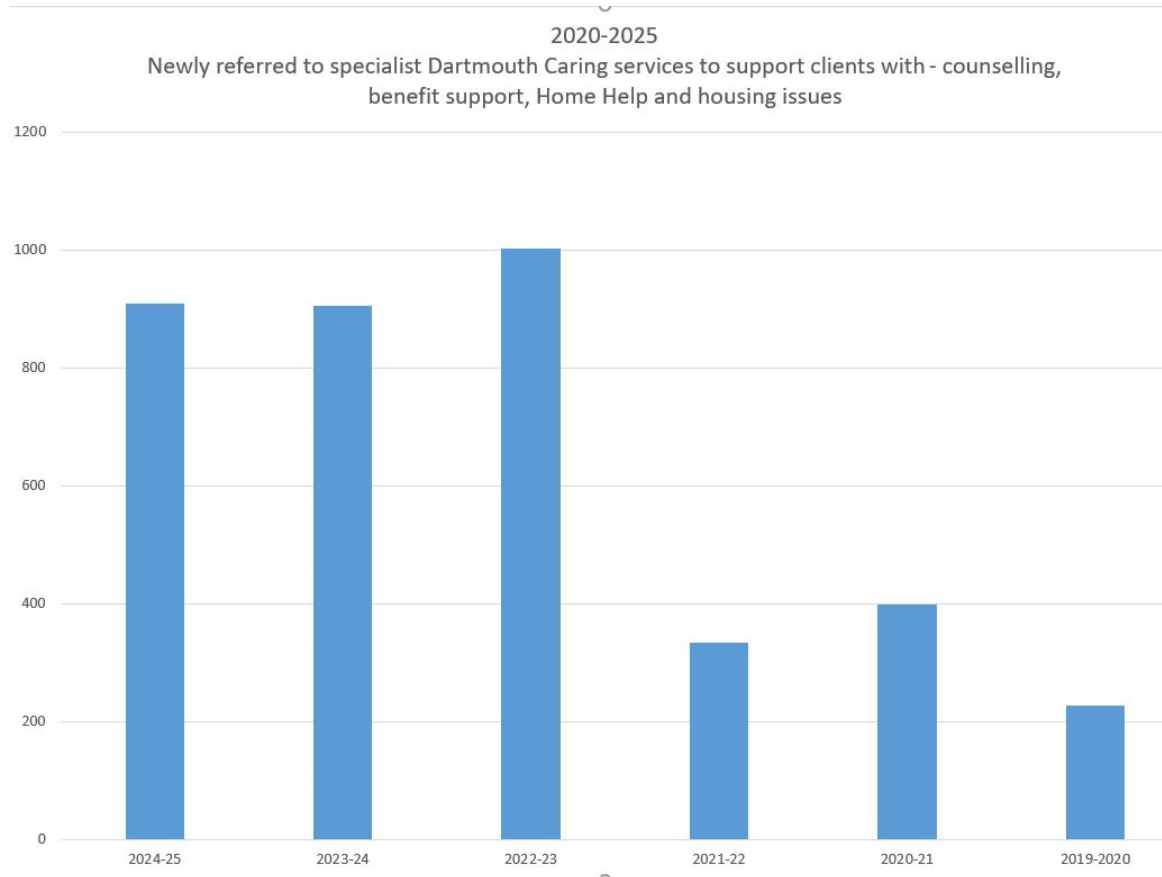
Dartmouth Caring
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What's happened this year?

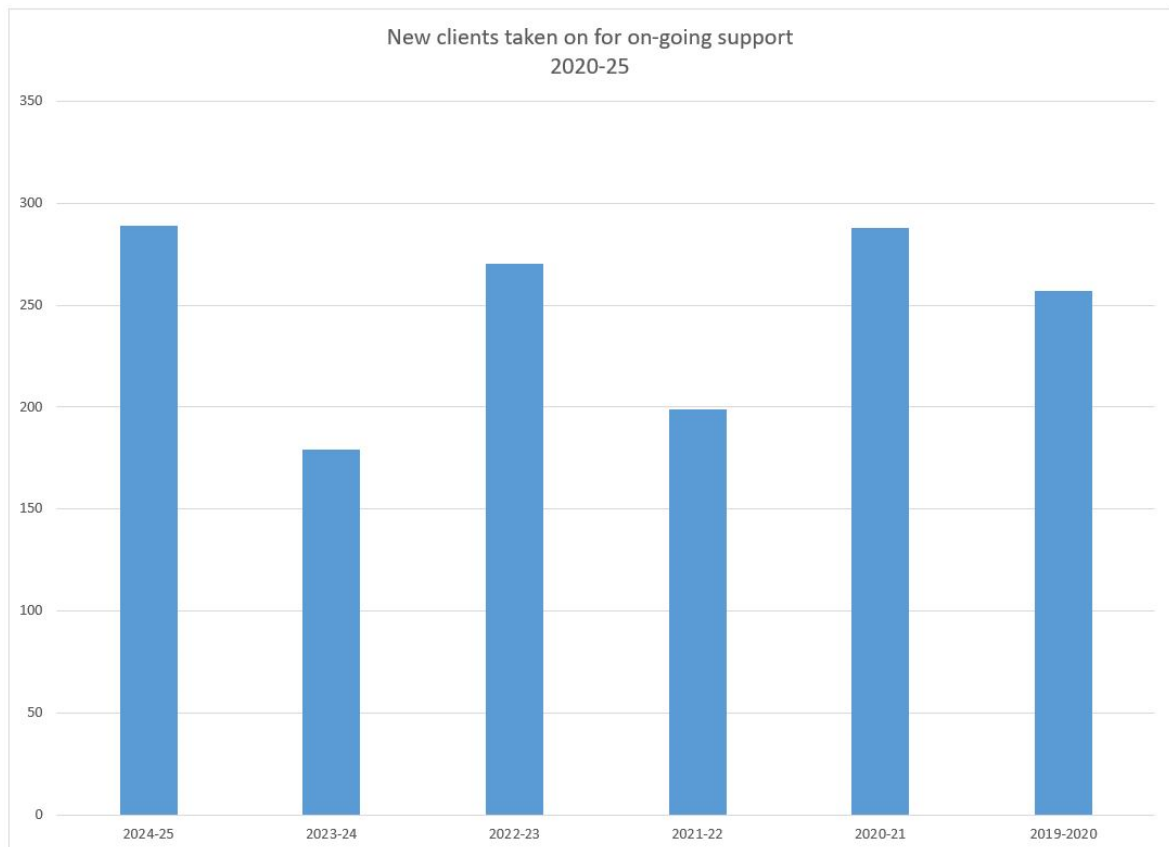
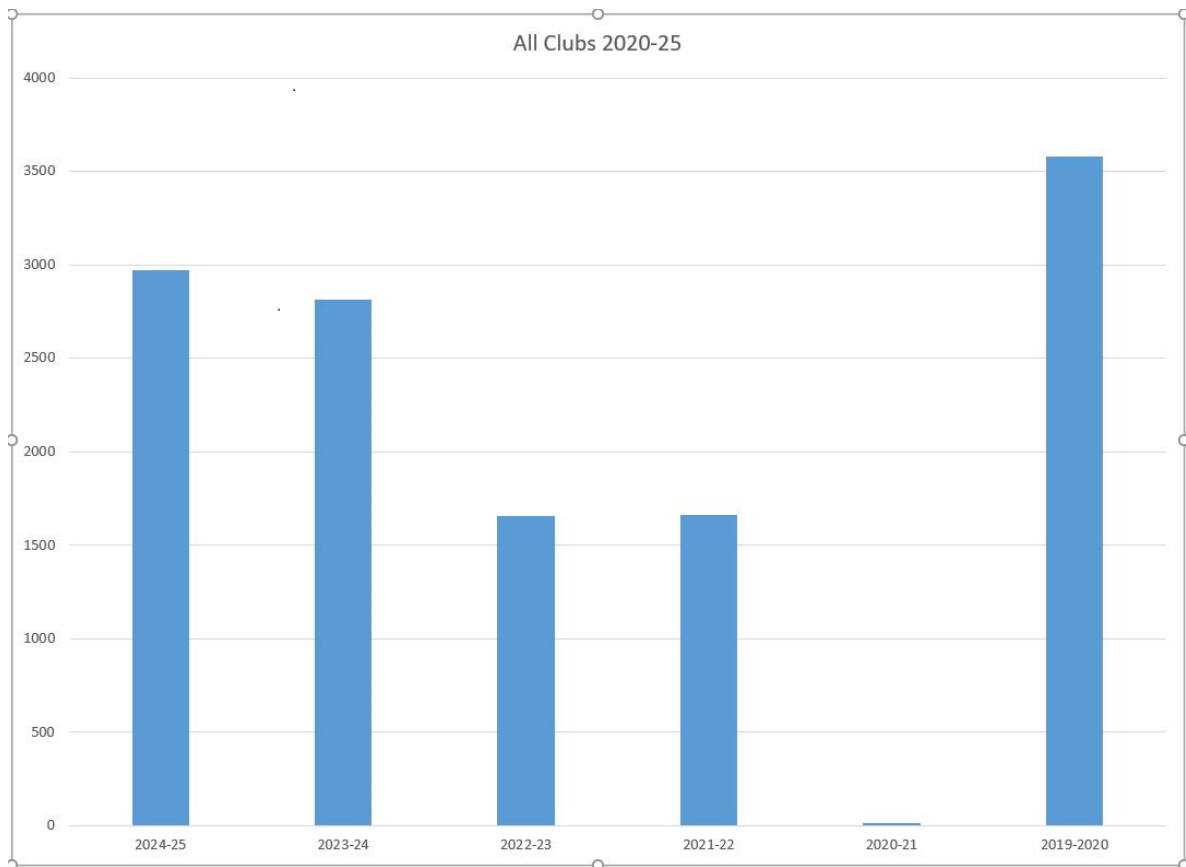
The Year in Tables

	2024-25	2023-24	2022-23
New clients taken on for on-going support	289	179	270
Conversations with clients called and spoken to	6645	7745	7142
Newly referred to specialist Dartmouth Caring services to support clients with - counselling, benefit support, Home Help and housing issues	909	905	1002
Newly referred to Dartmouth Caring Dementia or End of Life/cancer care nursing staff	62	97	61
Transport	846	598	328
Shopping, prescription deliveries, etc.	87	84	75
Memory Café attendances	902	1150	1035
Lunch Clubs attendances	1014	1224	623
New clubs and group activities	1056	444	
All Clubs	2972	2818	1658
Average weekly workload - client contacts	241	254	215
Total	12051	12680	10751

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Trustees' Annual Report (*continued*)
Year ended 31 March 2025



Dartmouth Caring
Trustees' Annual Report (*continued*)
Year ended 31 March 2025



National Lottery Community Fund



Year 2 summary report

Project reference: 20211825

Project aims:

The overall aim of this project is to develop our new space as a resource for the local community.

With regards to beneficiaries, we expect to see change for people using our services in the following ways:

- Less isolated - through meeting new people; regular social opportunities; support from staff and volunteers; volunteering opportunities; feeling more part of their local community.
- Reduced stress / anxiety – through access to information & advice; specialist support with e.g. end of life, and dementia; someone with whom to talk through issues.
- Improved health and wellbeing – through advice and information; support with mental health; improved access to appropriate services and support; opportunities for physical activity.

This project will enable us to manage a period of change and provide additional resources, which will enable to develop new beneficiary activities, and to make sure that our new space is comfortable and works well for our beneficiaries.

Our target is to reach 390 new clients over the course of the project's life. Since the start of the project, 559 (270+289) clients have been added to our system, many of whom will be new clients because of our change of location and some who would have become new clients had we not moved.

We do know that our new services have brought in clients we would not have attracted without the move and without the grant. There are 190 (92+98) clients who have accessed our new group activities, plus clients who access others' services in our space; Job Centre Plus, AA, South Hams District Council and Citizens' Advice.

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Trustees' Annual Report (*continued*)
Year ended 31 March 2025

Treasurer's Report and reserve policy - 2024-25

Overall, it has been an encouraging year for the charity with the result that a small surplus of nearly £3,000 is showing at the year end. Income is down from £446,000 in 2024 to £342,000 in 2025 which is due to the generous legacy in excess of £175,000 reflected in last years books. This money was received in the current year and is the principal reason the charity's cash and investments jumped from £69,000 in 2024 to £225,00 in 2025. The charity's expenditure has remained static and indeed shows a small reduction of £2,000 compared with last year.

The charity had reserves of £256,000 at the year-end of which £150,000 were unrestricted and £106,000 were restricted. Note 17 of the financial statements shows the areas in which funds were restricted, and these funds are being utilised all the time.

The economic climate is very difficult for small local charities and the trustees are continually looking at ways in which costs can be saved and funds raised. Taking all things into consideration, it is the trustees' assessment the charity is a going concern and will remain so for the foreseeable future provided the targeted level of fundraising is achieved.

The trustees' reserve policy is to hold between 60% and 80% of annual expenditure in reserves which is comfortably achieved at the year end. This decision has been reached on the basis that we do not wish to expose clients, the community, and staff to sudden shocks, caused by a decline in income leading to services being withdrawn. Our income sources vary significantly from year to year and are difficult to forecast a long way ahead. Approximately 1/3 of our oncome comes from a few main benefactors. This potentially leaves the charity exposed to a significant fall in income, should these benefactors' objectives change. We do not wish to assume that our income will continue to arrive in a dependable manner.

To maintain this level of reserves, new expenditure on staffing and new projects is carefully monitored at board meetings. Allied to this, trustees monitor the level of reserves and monitor patterns in the fluctuation throughout the year, so as to make informed decisions. Our reserves, having been boosted by a significant legacy, are in excess of our desired range. Trustees have discussed what we do about this and decided to leave them at a higher level than usual for two key reasons:

1. The funding environment is extremely challenging at the moment
2. The Lottery Grant is coming to an end, and we cannot rely on continued funding from this source.

Thank you for all the support the charity receives from our donors whether large or small and know without your support the charity would not survive.

Dartmouth Caring
Trustees' Annual Report (*continued*)
Year ended 31 March 2025

Statement of Trustees Responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards.

The trustees are required to prepare financial statements which give a true and fair view of the charity and of the incoming resources and application of resources of the charity. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on and signed on its behalf by:

.....
Peter Adolphus (Treasurer and Trustee)

Dartmouth Caring

Independent Examiner's Report to the Trustees of Dartmouth Caring Year ended 31 March 2025

I report to the trustees on my examination of the financial statements of Dartmouth Caring ('the charity') for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
S R Smith (FCA)

Westcotts (SW) LLP
Chartered Accountants
Independent Examiner
Petitor House
Nicholson Road
Torquay
Devon
TQ2 7TD

Dartmouth Caring

Statement of Financial Activities

(including income and expenditure account)

Year ended 31 March 2025

				2025	2024
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Note	£	£	£	£
Income and endowments					
Donations and legacies	4	91,151	219,900	311,051	394,630
Charitable activities	5	22,390	-	22,390	42,390
Fundraising income		5,186	-	5,186	6,649
Investment income	6	3,645	-	3,645	3,196
Total income		122,372	219,900	342,272	446,865
Expenditure					
Expenditure on fundraising		1,345	-	1,345	3,252
Expenditure on charitable activities	7	93,242	244,758	338,000	338,021
Total expenditure		94,587	244,758	339,345	341,273
Transfers between funds		(80,078)	80,078	-	-
Net income and net movement in funds		(52,293)	55,220	2,927	105,592
Reconciliation of funds					
Total funds brought forward		202,339	51,250	253,589	147,997
Total funds carried forward		150,046	106,470	256,516	253,589

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 21 to 28 form part of these financial statements.

Dartmouth Caring

Statement of Financial Position

Year ended 31 March 2025

	Note	2025 £	£	2024 £
Fixed assets				
Tangible fixed assets	12		12,549	11,693
Current assets				
Debtors	13	28,141		188,921
Investments	14	121,139		3,308
Cash at bank and in hand		104,118		66,222
		<u>253,398</u>		<u>258,451</u>
Creditors: amounts falling due within one year	15	<u>9,431</u>		<u>16,555</u>
Net current assets			<u>243,967</u>	<u>241,896</u>
Net assets			<u>256,516</u>	<u>253,589</u>
Funds of the charity				
Unrestricted funds			150,046	202,339
Restricted funds			106,470	51,250
Total charity funds	17		<u>256,516</u>	<u>253,589</u>

These financial statements were approved by the board of trustees and authorised for issue on
and are signed on behalf of the board by:

.....
Dee Nutt (Trustee)

.....
Peter Adolphus (Trustee)