

## ***HELPING EACH OTHER IN THIS TIME OF CRISIS***

Dartmouth is blessed with wonderful community spirit, but COVID-19 puts us in uncertain, rapidly changing and worrying times where we may each find ourselves in need of some practical help or just a friendly chat. We are fortunate in having many local people who want to help others during this difficult time so we want to match those who need help with those who can offer help. Together, we can get through this.

**IF YOU NEED HELP**, especially if self-isolating, please phone or email any of the numbers below. We are working together to provide essential services - and we will help you.

Dartmouth Town Council	01803 832281	e: <a href="mailto:reception@dartmouthtowncouncil.gov.uk">reception@dartmouthtowncouncil.gov.uk</a>
Dartmouth Caring	01803 835384	e: <a href="mailto:enquiries@dartmouthcaring.co.uk">enquiries@dartmouthcaring.co.uk</a>
Dartmouth Community Chest	Dawn: 07496 349234 Jayne: 07414 656343	Or post a private message through their Facebook page 'Dartmouth Community Chest'
Flavel Church	07771 174 098	e: <a href="mailto:flavelchurch@gmail.com">flavelchurch@gmail.com</a>
TQ6 Community Partnership	07421 452919	e: <a href="mailto:townstalcommunitypartnership@gmail.com">townstalcommunitypartnership@gmail.com</a> Or post a private message through their Facebook page 'Townstal Community'
United Benefice of Dartmouth and Dittisham	01803 835540	e: <a href="mailto:office@dartmouthanddittisham.co.uk">office@dartmouthanddittisham.co.uk</a>
St Saviour's, St Clements, St Petrox & St George's Dittisham	Fr Will: 01803 414767	e: <a href="mailto:vicar@dartmouthanddittisham.co.uk">vicar@dartmouthanddittisham.co.uk</a>

We **cannot** offer medical advice or assistance – for this, refer to NHS & Government guidance.

The small print! In accepting help, it may be provided by a new volunteer. Whilst organisations usually seek references and conduct police checks on prospective volunteers, due to urgency we do not have resources to do this, so we offer a volunteer to help on the understanding that you accept that we have not completed the usual checks. Should a volunteer deliver to your home, this will be to the doorstep only – they should not ask to enter your home and we ask that you do not invite them in. We ask you to exercise caution and do nothing that puts the health and safety of the volunteer or yourself at risk.

Please do not struggle alone – contact us, we would like to help.

**IF YOU NEED THIS IN LARGER FONT, PLEASE CALL 01803 832231**